BAY ANARCHIST FREE SCHOOL (BAFS) is a collective effort to build relationships that challenge institutional power. We use decentralized classes to learn with each other, increasing autonomy and mutual support. One thread in the shortform classes is Community Preparedness. We want to help each other prepare for when we cannot access normal services, which can happen in a variety of situations - including revolts. Longform classes emphasize explicitly anarchist thinking and practices, in a format that allows for building deeper connections, conversations and practices about how we live and relate to ourselves and each other. We're excited to have you participate: we all have so much to learn from each other. If you have a shortform or longform class idea for next session, submit a proposal at bafs.noblogs.org or email bafs@riseup.net

<b>PERSONAL FINANCE</b> 4PM-6PM	5	6	7 ADDICTION RECOVERY 6:30PM-7:30PM	8	9 Intersectional reading ROOM 2PM-4PM	10 WRITING WITH THE PLANTS 11AM-12:30PM
11	12 USING TECH TO BATTLE TECH 3:30PM-4:30PM	13 LICENSE PLATES, FLOCK AND DEFLOCK 7:30PM-9PM	14	15	16	17 TOOLS IN HANDS 11AM-1PM
18 BACKYARD GARDENING AND FOOD SOVEREIGNTY 1PM-4PM  PARK CIRCUS ARTS 3:30PM-6:30PM	19	20	21 DIY HUMANURE 4PM-5:30PM	22 DE-ESCALATION 5PM-8PM  RADICAL HEALTHCARE MEETUP 7PM-8PM	23 MASSAGE SKILL SHARE 1PM-4PM	24  PACKING A GO BAG & MAKING A PLAN 2PM-4PM
25 ANARCHIST FAMILY MEET UP 11AM-1PM	26 HARM REDUCTION MEETUP 7PM-8PM	27 TAKE BACK THE TOWN 6PM-8PM	28	29 DE-ESCALATION 5PM-8PM  DIGITAL SECURITY: PHONES 6:30PM-9PM	30	31 TOOLS IN HANDS 11AM-1PM DIGITAL SECURITY: COMPUTERS 2PM-4:30PM
1 HOLDING AND TENDING GRIEF 11AM-1PM june	2	3	4	5	6	7 TOOLS IN HANDS 11AM-1PM  PLANT AND FLOWER ESSENCE SITS 2PM - 4PM
8 EMERGENT PLAY 11AM-2PM  NAVIGATING A HOSTILE INTERNET 3PM-5PM	9	TAKE BACK THE TOWN 6PM-8PM	11	12 PRIMARY CARE BASICS 5:30PM-7:30PM	13 INTERSECTIONAL READING ROOM 2:15PM-4:15PM	WRITING WITH THE PLANTS 11AM-12:30PM DECOLONIZATION IN THEORY AND PRACTICE 3:30PM-5:30PM
15 DRIP IRRIGATION 10AM-12PM HAY PARK CIRCUS ARTS 3:30PM-6:30PM NAVIGATING A HOSTILE INTERNET 3PM-5PM	16	17 DIGITAL SECURITY: GRAPHENE OS PHONE 6:30PM-9PM	ANIKA GRANGLE TEACHES TAROT 7:30PM-9:30PM	19	20 BACKYARD GARDENING AND FOOD SOVEREIGNTY 3PM-6PM	21 SPACES TO GROW 4PM-7PM  DECOLONIZATION IN THEORY AND PRACTICE 3:30PM-5:30PM
22 EMERGENT PLAY 11AM-2PM WRITING FOR US: A WORKSHOP 10AM-3PM	23	24 PRISONER SOLIDARITY 6PM-8PM	25	26 RADICAL HEALTHCARE MEETUP 7PM-8PM	27 MASSAGE SKILL SHARE 1PM-4PM	28  DECOLONIZATION IN THEORY AND PRACTICE 3:30PM-5:30PM
29 DRIP IRRIGATION 10AM-12PM  ANARCHIST FAMILY MEET UP 11AM-1PM	30  HARM REDUCTION MEETUP 7PM-8PM	HOW TO RUN A GOOD MEETING 6:30PM-8:30PM	2	3	4	5 CANNING AND FOOD PRESERVATION 1PM-4PM
ANARCHIST GUIDE TO "COMMUNITY EMERGENCY RESPONSE" 1PM-4PM	7 ASTROLOGY OF SOCIAL UPHEAVAL 7PM-10PM	8  KNOT A PROBLEM: ROPE SKILLS 6:30PM-8:30PM	9 KNOWING YOUR RIGHTS 6PM-8PM	10	11 INTERSECTIONAL READING ROOM TIME TBD	12 WRITING WITH THE PLANT 11AM-12:30PM  FARADAY PHONE WALLET MAKING 1PM-3PM SPACES DECOLONIZATION TO GROW 3:30PM-5:30PM 4PM-7PM
13 COOKING FOR LARGE GROUPS 3PM-7PM	14	15	16	17	18 MASSAGE SKILL SHARE 1PM-4PM	19 DECOLONIZATION IN THEORY AND PRACTICE 3:30PM-5:30PM GUERRILLA HYDROLOGY 4PM-6PM
BACKYARD GARDENING AND FOOD SOVEREIGNTY 1PM-4PM  PARK CIRCUS ARTS 3:30PM-6:30PM	21	22	23	24  RADICAL HEALTHCARE MEETUP 7PM-8PM	25	26 DECOLONIZATION IN THEORY AND PRACTICE 3:30PM-5:30PM  SPACES TO GROW  4PM-7PM
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visit bafs.no blogs.org for more info and updated schedule

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3PM-7PM

**COOKING FOR LARGE GROUPS** 

# Course List

Class information subject to change Check the website bafs.noblogs.org for updated schedule and expanded course descriptions!

#### ADDICTION RECOVERY -- BECAUSE SELF CARE IS REVOLUTIONARY Wed May 7th :: 6:30pm-7:30pm

@ Remote, link to a signal group will be posted 5 days before session It's hard to fight when we're wasted, no? Addictions of all kinds have been raging through our communities. This group share will explore ways of healing addiction, from practical habits to spirituality, also with an exploration on how promoting & encouraging our self-destruction through addiction is a common

#### AN ANARCHIST GUIDE TO "COMMUNITY EMERGENCY RESPONSE" Sun July 6th :: 1pm-4pm

@ Location TBD - check website for updates

Are we prepared for a natural disaster? In this session, we will present and analyze plans for disaster response at the local and federal level. We will discuss engagement and intervention into the official disaster responses and propose strategies for creating an anarchist emergency response plan.

ANARCHIST FAMILY MEET UP
Sundays May 25th, June 29th, July 27th :: 11am-1pm
@ Dimond Park (3860 Hanly Road, Oakland)
Monthly meet-up for anarchist families and folks who want kids in their
lives! This is a potluck to hang out, connect, and develop some anarchist
skillshares for kids and discussion for adults. Bring skills/topics you want
to teach or see taught, and can work with you to develop age-appropriate
material. Our hope is to work against capitalism's drive to disconnect and
isolate families and inter-generational relationships. We aim to build community among anarchist families in the Bay, as well as incorporate nonparents who are interested in sharing experiences with future anarchists.

## **ANIKA GRANGLE TEACHES TAROT**

Wed June 18th :: 7:30pm-9:30pm

@ Long Haul (3124 Shattuck Ave, Berkeley)

A professional reader will show methods to: form a bond with the cards, increase mental receptivity, see the big picture, determine which questions to ask and understand why the question is as important as the answer, be faithful to your senses and the cards, mine confusing spreads for new information, and, vitally, to fulfill the sacred obligation of the reader to the client and avoid hurting people. This class is ideal for an intermediate-level reader, but beginners and experts will still learn something. Bring your favorite deck and a question for the cards.

## ASTROLOGY OF SOCIAL UPHEAVAL W/ ERRA

Mon July 7th :: 7pm-10pm

@ Hasta Muerte (2701 Fruitvale Ave, Oakland)

This class will look at astrology not on a personal level but as a narrative lens to analyze interlocking temporal cycles of social upheaval. How might upcoming astrological shifts provide useful ways to talk about and prepare for insurrections, wars, the rise of AI, and other events on earth? All levels of familiarity with astrological principles and terminology are welcome.

#### BACKYARD GARDENING AND FOOD SOVEREIGNTY W/ STICKY AND ZINA Sun May 18th :: 1pm-4pm; Fri June 20th :: 3pm-6pm; Sun July 20th :: 1pm-4pm

### AND TO THE PROPERTY OF THE the summer season: growing food, restoring the land, and setting intentions.

## CANNING AND FOOD PRESERVATION: RESPONDING TO ABUNDANCE!

Sat July 5th :: 1pm-4pm @ Tamarack (1501 Harrison Street, Oakland)

Share your knowledge and experience with preserving foods as we practice some basic canning! Summertime in California provides a fresh abundance through local farmers, backyard fruit trees, and wild foraged berries. Preserving these foods at the time of harvest can increase our communal capacity to store foods, makes distribution more accessible to people without refrigerators or kitchens, and this age-old tradition of putting up food can also make our communities more resilient in the face of disasters. Respond to the abundance that summertime offers us and come learn about canning!

## **COOKING FOR LARGE GROUPS**

Sundays July 13th, July 27th :: 3pm-7pm @ Tamarack (1501 Harrison Street, Oakland)

Large group cooking, but make it tasty. Sourcing food, best practices in the kitchen, and inclusive cooking. Via Tamarack Community Dinner crew. We'll cook and share a meal together for each session.

## **DECOLONIZATION IN THEORY AND PRACTICE**

Saturdays June 14th, 21st, 28th and July 12th, 19th, 26th :: 3:30pm-5:30pm @ Tamarack (1501 Harrison Street, Oakland)

Many anarchists are committed to "decolonizing everything," but what does this actually mean? This course will facilitate discussion around a focused collection of multimedia materials—from book chapters to zines to films—that frame the basics of decolonization in theory and practice. Participants don't need to have any prior knowledge of this subject; they will be encouraged to bridge the past and present and adopt a transnational perspective on decolonization by considering mobilizations both within and outside North America.

#### DE-ESCALATION SKILLS FOR ACTIVISTS, REVOLUTIONARIES AND ANYONE **ELSE! W/ KANGS AND PAT**

Thursdays May 22nd, May 29th :: 5pm-8pm

@ Unimatrix Zero in North Oakland

(email DeEscalationForEveryone@proton.me for the address) Join us to talk about hard situations with single and multiple people, how to best support them, take care of yourself and contribute to a safer community. We will go over ways to know get yourself into the conversation, build rapport, empathy and connection skills. And time to roleplay, rehearse and post-hearse scenarios.

## DIGITAL SECURITY UNDER SURVEILLANCE CAPITALISM W/ PINYON AND KARO

Thurs May 29th :: 6:30pm-9pm

@ Tamarack (1501 Harrison Street, Oakland)

Sat May 31st :: 2pm-4:30pm

@ Tamarack (1501 Harrison Street, Oakland) Tues June 17th :: 6:30pm-9pm

@ The Building at Gill Tract Farm (1050 San Pablo Avenue, Albany) Mass data collection poses significant challenges to privacy, and affords enormous power to the corporations and states who possess it. What basic everyday practices can we adopt to counter surveillance and keep our communities safer? Each class will discuss basic principles and specific tools, with time to work on your own devices. Session 1 (5/29) focuses on phones, Session 2 (5/31) on computers, and in Session 3 (6/17) we will set up GrapheneOS (bring an unlocked Pixel phone with GrapheneOS installed: http://tinyurl.com/installgraphene).

## DIY HUMANURE: THE MERITS OF SMALL-SCALE POOP COMPOSTING Wed May 21st :: 4pm-5:30pm @ Snow Park (19th Street & Harrison Street, Oakland)

How can shitting become a daily ritual against industrial capitalism's attempts to enclose and control the flow of water, nutrients and microorganisms through our bodies, the land, the rivers? This will be a show and tell

about DIY humanure (poop composting) systems for households small and large, urban and rural.

DRIP IRRIGATION FOR WATER SCARCITY W/ AMELIA

Sundays June 15th, June 29th :: 10am-12pm @ Bikini Bottom (545 32nd Street, Oakland)

A crash course in drip irrigation systems on a residential scale. We'll learn about the hardware, installation, trouble-shooting, and programming of a simple battery-operated system. First class will be an overview of how drip systems are useful, and discussion of hardware + materials. Second class will be an installation demo and opportunity to play with the supplies.

#### **EMERGENT PLAY FOR DIVERGENT BEINGS: PLAY AS A COMMUNITY** ORGANIZING TOOL W/ ISHU & FRITZ

Sundays June 8th, 15th, 22nd :: 11am-2pm
@ Marx Meadow in Golden Gate Park (at 25th Ave, San Francisco)
This experimental series combines theater techniques with organizing tools from adrienne maree brown's Emergent Strategy. We'll connect play, power, justice, resistance, and joy—challenging usual ideas about who gets to play and how we relate with each other. Inspired by natural systems where change emerges through collaboration and mutual support, Émergent Play welcomes all flavors and textures that you are, no matter your background

#### FARADAY PHONE WALLET MAKING CLASS W/ MAI A

Sat July 12th :: 1pm-3pm

@ Long Haul (3124 Shattuck Ave, Berkeley)

Protect yourself and your data from cops and Stingray devices during big mass actions and protests. Build a DIY faraday cage for your phone to block signals. Supplies and instructions provided.

### GUERRILLA HYDROLOGY W/ ARES + VIRGA

Sat July 19th :: 4pm-6pm

@ Defremery Park (1651 Adeline St, Oakland)

Explore the hidden infrastructure of urban water systems, from reservoirs to fire hydrants. We'll break down how water moves through the city, who controls it, and how it can be accessed. After a classroom session on municipal waterworks, we'll head outside for a hands-on practicum.

#### HARM REDUCTION MEETUP

Mondays May 26th, June 30th, July 28th :: 7pm-8pm

@ 1924 Union Street - Unit 1, Oakland
We Take Care of Us. This is an ongoing monthly space for those interested or already participating in harm reduction. Come learn, share skills, offer support, collaborate, grieve, build solidarity, and discuss liberatory harm reduction practices. Loosely facilitated, collaborations encouraged.

#### HOLDING AND TENDING GRIEF IN COMMUNITY AND INTIMATELY W/ RAYNE Sun June 1st :: 11am-1pm

@ ABO Comix (2520 Telegraph Ave, Oakland)
Grief and loss are fundamental parts of being human, and most of us don't
have cultural tools to navigate these effectively. Learn about grief and ways of holding it in our communities and with each other in smaller units. Bring a small significant item for the Altar of What is Lost and a handkerchief.

## HOW TO RUN A GOOD MEETING WITH BEAN AND T

Tues July 1st :: 6:30pm-8:30pm

@ Tamarack (1501 Harrison Street, Oakland)

We'll go over some different roles that help make a meeting run smoothly. We'll talk about some different ways to inhabit these role and some basic responsibilities each one has to contribute to a successful meeting.

## INTERSECTIONAL READING ROOM WITH JUPITER

Fri May 9th :: 2pm-4pm
@ Berkeley Public Library Central (2090 Kittredge Street, Berkeley)
Fri June 13th :: 2:15pm-4:15pm
@ Oakland Public Library West Branch (1801 Adeline Street, Oakland)
Fri July 11th :: Time TBD

@ Location TBD - check website for updates
Do you have books and/or essays piling up that you've been meaning to read? In the middle of a thiccque text that would be even richer read or reread and discussed with comrades? Got a niche theory about a random tv show? Bring all your media hot takes and literary inquiries to this unconventional interdisciplinary multimedia collective study page. tional interdisciplinary multimedia collective study space.

#### KNOT A PROBLEM — PRACTICAL ROPE SKILLS FOR BEGINNERS WITH **BEAN AND JONNY**

Tues July 8th :: 6:30pm-8:30pm

@ Tamarack (1501 Harrison Street, Oakland)

Come play with some rope! Learn a few useful knots, some fun facts about rope, and leave with a pet rope. We will practice simple ways to tie things up, down, and together, to help expand possibilities in our physical environments. All skill levels welcome.

#### KNOWING YOUR RIGHTS IN THE AGE OF MONSTERS W/ LEGAL **SOLIDARITY BAY AREA**

Wed July 9th :: 6pm-8pm

@ Hasta Muerte (2701 Fruitvale Ave, Oakland)

Resistance to escalating state repression is a defining task of these tumultuous times. Knowing our rights and risks during encounters with law enforcement is essential. This KYR workshop aims to foster peer-to-peer legal support and education.

## LICENSE PLATES, FLOCK AND DEFLOCK

Tues May 13th :: 7:30pm-9pm

@ Hasta Muerte (2701 Fruitvale Ave, Oakland)

This class will cover key information about flock and license plate reading Al tech that is being installed and used around the Bay Area and the country. We will look at recent cases where this tech has led to arrests and cover ways to practice surveillance defense in this shifting landscape.

#### MASSAGE SKILL SHARE W/ PRISCILLA AND DANTE Fridays May 23rd, June 27th, July 18th :: 1pm-4pm

@ The Spire (825 Athens Ave, Oakland)

Pain and stress suck. They drain our energy and attention and alter our thought processes. We will go over basics of clothed massage to support each other in tending to our bodies muscle and nervous system health. We want to break out of self-care into us-care. Please bring a buddy you already know you are comfortable engaging in contact with if possible.

#### NAVIGATING A HOSTILE INTERNET: (RE-)LEARNING COMPUTERS W/ PYWRIT Sundays June 8th, June 15th :: 3pm-5pm

@ RSVP to signal username @rxw.20 for location

How do corporations make the Internet work for them, and how could it

work for us instead? We'll answer infrastructural questions about how the internet works, seeing how corporations track us and explore some low-effort countermeasures to improve our daily Internet use. We'll tackle piracy, torrenting, and peer-to-peer networking, how to access free books, movies, software, shows, etc. To join the hands-on portion, bring a laptop and a VPN subscription that allows P2P connections/torrenting. (For VPN questions, contact signal username @rxw.20 or email pywrit@proton.me).

#### PACKING A GO BAG & MAKING A PLAN

Sat May 24th :: 2pm-4pm
@ The Building at Gill Tract Farm (1050 San Pablo Avenue, Albany)
What do you pack in a go bag? We will assemble basic kits for emergency evacuations with donated and community-sourced supplies. We will also discuss how you can map your own network and create a disaster plan.

#### PARK CIRCUS ARTS W/ DANTE, NEGRA HORMIGA, AND SALVA Sundays May 18th, June 15th, July 20th :: 3:30pm-6:30pm

@ Lake Merritt, near McElroy Fountain (461 Perkins St, Oakland) - follow the

Bringing pedagogies from the south, Park Circus Arts is an attempt to deinstitutionalize Circus Arts bringing them to open spaces as a tool for social transformation. There is no need to have previous experience, certain age or body to enjoy exploring what your body can do in community. Ages: 5 · 99 (minors please bring your adult with you). Practices: Grass Circus Movement, Hand to Hand, Juggling, Stilts and Aerials. We encourage everyone to share knowledge and food. Please bring some food to share and water.

# PERSONAL FINANCE AND RETIREMENT SAVING W/ ALEX Sun May 4th :: 4pm-6pm @ Tamarack (1501 Harrison Street, Oakland)

Collaborative workshop on how to maximize benefits from banking offers, credit card bonuses, building good credit, managing personal budget, basic investing strategies, retirement planning, and the easiest ways to file taxes. Bring your experiences and ideas. Workshop will be focused on working less and making these systems work better for you as an anarchist and/or someone trying to avoid conventional forms of employment.

## PLANT AND FLOWER ESSENCE SITS W/ STASCHA

\*\*Sat June 7th :: 2pm - 4pm

@ Location TBD - check website for updates

A class on flower essences--where they originate, how people use them, and why they're useful. The goal is to introduce participants to plant and flower essence sits in the hope of strengthening intuition and relationship to plants. We will do 2 sits: 10 minutes with a plant and another 10 minutes with an essence. After, we'll discuss what came up.

#### PRIMARY CARE BASICS FOR EVERYONE (AND WHEN YOU NEED TO GO TO YOUR PROVIDER) W/ TANIA

Thurs June 12th :: 5:30pm-7:30pm

@ Hasta Muerte (2701 Fruitvale Ave, Oakland)

Ever wonder if you actually need to go to urgent care/the hospital/your doctor? Hear from a primary care provider about each body system and what are the red flags we're looking for.

## PRISONER SOLIDARITY: WHY AND HOW W/ M&E

Tues June 24th :: 6pm-8pm @ ABO Comix (2520 Telegraph Ave, Oakland)

We will talk through the correspondence and jail support programs of Oakland Abolition and Solidarity. We will discuss 1) the value of organized political work outside of non-profits and affinity group structures, 2) support and solidarity with prisoners as comrades and collaborators against the prison system, and 3) some pitfalls we continue to wrestle with in our work.

#### **RADICAL HEALTHCARE MEETUP**

Thursdays May 22nd, June 26th, July 24th :: 7pm-8pm @ Tamarack (1501 Harrison Street, Oakland)

Monthly meetup for anarchists and radicals who are participating in healthcare--from the autonomous to those employed by the medical industrial complex. Come offer mutual aid support, skill + resource share, grieve, commiserate, and build solidarity across divides. Can healthcare be a place of radical praxis? Loosely facilitated and horizontal collaboration encouraged.

## SPACES TO GROW W/ V AND TBO

Saturdays June 21st, July 12th, July 26th :: 4pm-7pm

@ RSVP to daturahoney@proton.me for location or to propose a site Help us help you grow your garden. Landscape designers/gardeners will guide you through a design process at three locations on separate days. Assess the site, find resources, and make a plan. If you have a site in mind or would like to host a session, we are looking for you. No place is too small, hostile, or out of reach. Show us your backyard, balcony, sidewalk/median strip, or underutilized public-ish space. Deadline for site proposals is 5/31.

TAKE BACK THE TOWN
Tuesdays May 27th, June 10th :: 6pm-8pm

@ Tamarack (1501 Harrison Street, Oakland)
Informational sessions on tenant organizing. The first session will cover the political landscape and history of housing in the East Bay. The second session will detail how tenants can organize to gain rent reductions and enact repair-and-deduct to improve habitability.

## TOOLS IN HANDS W/ THROCKMORTON

Saturdays May 17th, May 31st, June 7th :: 11am-1pm

@ RSVP to signal username @laboon.72 for location Handson class to learn general wood construction techniques. Become familiar with tools like hammers, drills, and saws. The goal of this class is to build confidence operating tools and making building decisions. When our bodies are already friends with our tools, we can act quickly and comfortably in both calm and crisis settings! Any skill level welcome but intended for beginners.

### USING TECH TO BATTLE TECH: LEARNING ARDUINO, SENSORS, CAMERAS, AND CODE W/ REVOLT

Mon May 12th :: 3:30pm-4:30pm

@ Remote, link to a signal group will be posted 5 days before session Technology can feel soul-destroying, especially with how it has been used to harm our communities, warp our relationship to nature and each other, and displace our friends and family. But technology itself does not have a politic; it can also be used for freedom struggles, as we see its role in Palestine, Yemen, and Ukraine. Based on experience of attendees (it's a co-creation!), this will be a beginner-friendly class to learn how to program and build your own projects using sensors, robots, cameras, and even some Al. This class encourages an anti-fascist, anti-capitalist relationship with our technological world, sharing the joy and creativity that is possible with a different value system, rooted in community care, diversity, and environmentalism.

## WRITING FOR US: A WORKSHOP W/ DB & ANDI ROSE Sun June 22nd :: 10am-3pm @ Location TBD - check website for updates

Communicating across differences with care and creativity is a challenge we all face in our community forming, building, sustaining, and organizing. How might creative expression and writing help us learn how to talk to each other, navigate conflict, and build community resiliency? What is the role of poetry and creative writing in building a "we"? Through creative writing, can we expand our ideas of community and collective resistance? We will read poetry and creative prose that explore the perspective of "we." Then, we will explore how collaborative writing from/for "us"—through choral expression, dialog, and more—can help us develop empathetic, non-individualist approaches to being in community.

#### WRITING WITH THE PLANTS W/ TAYLOR ROSE Saturdays May 10th, June 14th, July 12th :: 11am-12:30pm

@ Gill Tract Farm (1050 San Pablo Avenue, Albany)

--- Each session focuses on one plant in depth, and then invites folks into creative (writing) reflection. We'll engage with the lessons plants can offer around inhabiting our ecologies in ways that generate more possibility for collective survival. Come get to know plants and imagine together.